

Lurasidone



There is a lot of money available for research on medications, some of it from pharmaceutical companies and some from independent researchers who are not sponsored by pharmaceutical companies, so there is a lot of research into medications. Remember, more thumbs ups just means that more people have done research that shows that this approach does work.

What is it?

Lurasidone is a new medicine that's licensed for people aged 18 years or older. It's available in tablet form. The normal dose is between 37–74mg daily.

What does it aim to do?

Lurasidone can reduce symptoms such as unusual and distressing thoughts and experiences (hearing and seeing things or having strong upsetting beliefs) as well as helping with depression if you have problems with your mood.

The National Institute for Health and Care Excellence (NICE)

NICE have recently reviewed and recommended this medication. It's very new and has only recently got a license in the UK. It's in the same class as the other medicines described in this booklet.

What are the side-effects of Lurasidone?

In adults, very common side-effects are movement problems such as restlessness, and feeling tired and sleepy (this can be worse if you drink alcohol). Less common side-effects (between 1 in 10 and 1 in 100 people) include not being able to get to sleep, feeling sick, having headaches and having hormone changes.

Many side-effects are related to the amount of Lurasidone you take, so they are very mild with low doses, and stop if Lurasidone is stopped.

How can I get this treatment?

Lurasidone can only be prescribed by your GP or mental health team. You can't buy it over the counter.

✔✘ Main pros and cons

Lurasidone is a very new medication so we haven't listed any main pros or cons for it yet. We'll add more information about Lurasidone to our website as we get it. The same goes for quotes from NHS staff and service users. It's too new so we don't have any yet!