

## Information sheet and consent form for service users

### Invitation:

We would like to invite you, with your lead practitioner to take part in a research study where you look at information from a website called Likemind as a way of helping you to plan your mental-health care and recovery goals. It has been developed as part of a large research study called the EYE-2 aimed at helping people get better access to mental health resources

### What is the study about?

We want to know if using the Likemind website can strengthen your relationship with your lead practitioner and if it helps you feel more connected with the early intervention services

### Why is the study being done?

The website has been developed as part of another larger study called the EYE-2 to help people get better access to NHS resources. We found that people don't really know much about the website and lead practitioners aren't using it much with their service users. We want to help everyone understand more about the website and how it can be used. We think that using the website to get information, decide on mental-health care and plan recovery goals will help people feel more connected to their lead practitioner and the early intervention service.

### Why me?

You have been asked to take part because you are receiving help from the early intervention service for your mental health and your lead practitioner has suggested that you might both want to try the Likemind program together in sessions.

### What would taking part mean?

If you would like to take part you would need to meet with a researcher for about an hour before you start the program to answer some questionnaires about the early intervention service and your working relationship with your lead practitioner. You would then be asked to complete the same questionnaires at the end of the program.

### Confidentiality:

Any information you give in the questionnaires will be treated as confidential unless you say something that suggests any risk to your own or someone else's safety. If this happens we will have to pass on the information to people in the early intervention team who help with your mental health care.

### Who will know if I decide to take part?

The team where you get your mental health care and your lead practitioner will know you have agreed to take part in the study but no one except the researchers will know what answers you give to the questionnaires.

### What would I have to do?

You will need to complete four topics from a booklet which gives you information about psychosis and the EIS, medication choices, psychological therapies, wellbeing and physical health. All of the work will be completed during your normal scheduled sessions.

### What are the advantages and disadvantages of taking part?

The advantages of taking part are that you will get to go through the information on the website with your lead practitioner to help you talk about your mental health and plan what is important to you about aspects of your life and recovery. You will also have the option to meet with via video call if you have difficulties or worries about getting to appointments. The disadvantage is that you will need to give a few hours of your time to talk with the researcher and answer some questions about what you think about the care you are receiving and your mental health.

### What will happen to the results of the study?

The anonymized results (without your name or any identifying information) will be included in a report that will be published in a scientific journal and shared with the Sussex Partnership Foundation Trust early intervention teams, other interested people in mental health services, researcher and service users in the Sussex Psychosis Research Interest Group (SPRiG) and who were part of the bigger EYE-2 trial. It will also be shared at any relevant conferences. Please let the researchers or your lead practitioner know if you would like a summary of the findings after they are published.

### **Who will see my data, how will it be used and what will happen to it?**

Your data will be stored anonymously (with a research ID code) on a password protected file within a password protected computer. It will only be shared with the research team and this will be via a secure file sharing system within the University of Sussex.

### **What happens if I change my mind or can't carry on with the study?**

There is no obligation to complete the program and you can stop at any time without having to give a reason. Information collected up until that point will be included in the study. If you are unable to carry on with the study (for example if your lead practitioner drops out of the study), information collected up until that point will also be included in the study.

### **Who's paying for the study?**

The study is funded by the Economic and Social Research Council and by the Sussex Partnership Foundation Trust as part of a PhD thesis.

### **What if there's a problem?**

If you are worried about any part of this study you can talk to your lead practitioner or the researchers.

### **What if I want to complain?**

If you have a complaint about any aspect of the study you can talk to the patient advise and liaison service (PALS) Patient Advice and Liaison Service

Swandean, Arundel Road, Worthing, West Sussex, BN13 3EP

Tel: 0300 304 2198

Email: [pals@sussexpartnership.nhs.uk](mailto:pals@sussexpartnership.nhs.uk)

### **Who has checked the research is safe?**

The research has been checked and approved by the Sussex Partnership Foundation Trust Research and Development Department and by the London-Dulwich National Ethics committee for Health Research Ref: 18/LO/0362.

It has also been checked by people who use NHS mental health services.

### **Is the study insured?**

In the unlikely event that something goes wrong the Sussex Partnership Foundation Trust has insurance in place to cover legal costs if you are injured or hurt in any way as a result of this study. If you have any worries or are upset you can ask your GP or NHS team for support.

### **Who can I contact about taking part?**

Ask your lead practitioner if you want to take part in the study

<b>If you have questions regarding this study contact the researchers:</b>	<b>For general questions about research:</b>
Prof. Dr Kathryn Greenwood Professor of Clinical Psychology, School of Psychology, Pevensey 1, University of Sussex, Brighton, BN1 9HQ <a href="mailto:k.e.greenwood@sussex.ac.uk">k.e.greenwood@sussex.ac.uk</a>	Ellie Robson PhD Student, School of Psychology, Pevensey 1, University of Sussex, Brighton, BN1 9HQ <a href="mailto:e.robson@sussex.ac.uk">e.robson@sussex.ac.uk</a>
	Taffy Bakasa Sussex Partnership Research & Development, Nevill Avenue, Hove, BN3 7HY <a href="mailto:Taffy.Bakasa@sussexpartnershiptrust.nhs.uk">Taffy.Bakasa@sussexpartnershiptrust.nhs.uk</a> 0300 304 0088


Guided delivery of the Likemind website for improving the engagement of service-users with early intervention for psychosis services.

**Consent form for Service Users**

Please read the following points and put you initials in each box to show that you agree then sign or type your name at the bottom:

- 1. I have read the information sheet and taken the time to think about whether or not to take part
- 2. I have been given the name email addresses of the people I can talk to about whether or not to take part
- 3. I agree to take part in this study
- 4. I know that this involves me talking to a researcher for about an hour before and again after the program to answer some questionnaires
- 5. I agree for my medical records to be viewed by the researchers to get information about the program completion
- 6. I know that the anonymized data (with my name removed) will be seen by the research team and used for a report to be published in a scientific journal and that I can get a summary of the findings if I want to
- 7. I know that the data I give will be stored in a secure data base for up to 10 years
- 8. I understand that I can withdraw from the study at any time without having to give a reason and that the data collected up until this point might be used in the report.
- 9. I understand that any information given for the questionnaires will be confidential and used in a confidential way.

Please sign or type your name to show that you agree to take part in this research study and agree with the points we have just talked about:

Signed: \_\_\_\_\_ Researcher signature:   
 Print Name: \_\_\_\_\_ Print Name: Ellie Robson  
 Date: \_\_\_\_\_ Date: \_\_\_\_\_

If completing remotely please return this consent form to [e.robson@sussex.ac.uk](mailto:e.robson@sussex.ac.uk)